

Welcome to New Family Training

Today we will cover development of a growing child both natural and those suffering from the effects of abuse, trauma, and neglect.

Bringing the kids home-what you need to know: MASLOW'S CHART

As we work with foster care this becomes very apparent.

- 1) Our kids need to know their basic needs are met
- 2) Our kids need to know they are safe
- 3) When the kids feel their needs are met and they are safe....
Then, they

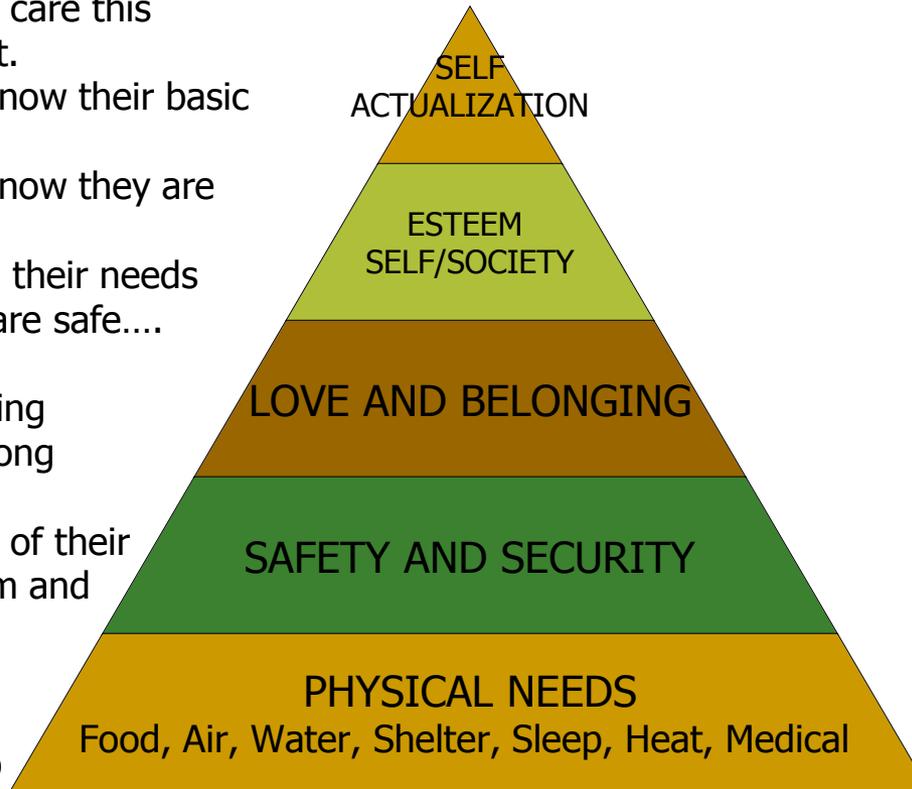
Look to you for belonging

- 4) If they feel they belong

Then they start to

Improve in other areas of their life such as self esteem and school.

- 5) When they gain confidence they begin to make progression to Other areas of their life.



Four areas of development

- Cognitive – The Mind
- Physical- The Body
- Social – The Personality
- Emotional- The Moods



Cognitive

- Intellectual or mental development
 - THINKING
 - PERCEPTION, MEMORY, REASONING
 - CONCEPT DEVELOPMENT
 - PROBLEM SOLVING
 - EGO=CONCRETE=ABSTRACT THINKING
 - LANGUAGE AND SPEECH



Physical

- **BODY STRUCTURE**
 - BONES, ORGANS, MUSCLES, BRAIN
- **SENSORY**
 - 5 SENSES, & COORDINATION W/NERVOUS SYSTEM
- **MOTOR SKILLS**
 - FINE AND GROSS



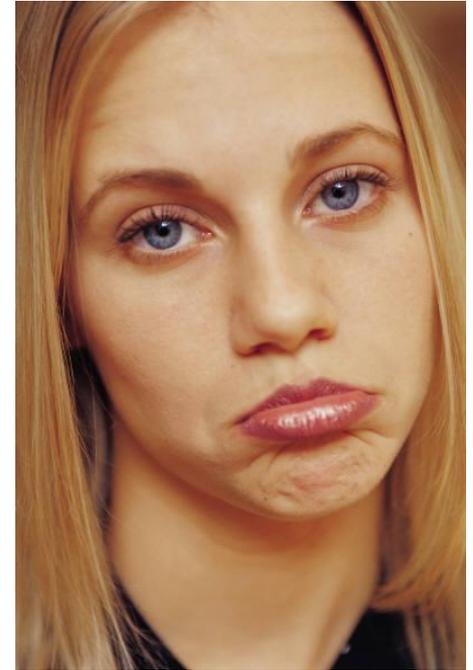
Social

- CHILD'S INTERACTION W/ OTHER PEOPLE & SOCIAL GROUPS
 - ❑ RELATIONSHIPS
 - ❑ SOCIAL ROLES
 - ❑ GROUP VALUES
 - ❑ MORAL SYSTEMS
 - ❑ SOCIAL TASKS
 - ❑ GENDER AND ETHNIC ROLES



Emotional

- PERSONAL TRAITS AND CHARACTERISTICS
 - PERSONAL IDENTITY
 - SELF ESTEEM
 - EMOTIONAL RELATIONSHIPS
 - MOOD AND AFFECT (feelings and emotions appropriate to ones developmental level)



Deficits and what we are working with:

- Malnutrition
- Head injury
- Shaken baby
- Medical Neglect
- Emotional Neglect
- Abuse
- Drug/Alcohol usage (natal-prenatal)
- Uneducated/too young parents



Long term effects of abuse etc.

- Malnutrition: growth retardation, brain deficiencies, apathetic, lack of functions.
 - Medical Neglect: physical disabilities, vision, respiratory, hearing, etc.
 - Shaken Baby: blind, deaf, cerebral palsy, skull fractures, paralysis, inner ear, death.
 - Emotional Neglect: Listless, inactive, anxious, fear, loss of attachment, lack curiosity, do not explore, fear of relationships, PTSD. Under development in brain function.
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What we see and what we work with in teenagers

- Physical:

Small, sickly, lots of Doctor Apts. Poor motor skills, awkward gait. Poor fine motor skills.

Cognitive:

Speech delay, poor articulation, incomplete sentences, short attention span/concentration.

What we see in teenagers that we work with

■ Social:

- ❑ Insecure, isolated and withdrawn, social immaturity, unable to take turns, hard to follow instructions, solitary play, lack curiosity in addition to a general lack of social skills such as hygiene, eating habits, conversation and communication.

■ Emotional:

- ❑ Fearful, night terrors, poor selfsteem/confidence.
 - ❑ **THEY LACK IMPULSE CONTROL!!!**
 - ❑ Easily traumatized and expect danger
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Additional Issues:

- Puberty
 - Thinking patterns behind
 - Group, Cultural, Gender, Values and Ethics are all “off track” or misdirected
 - Frequent Mood swings. Vulnerable to stress. Sense of self is not well established. Lots of introspection and self-assessment.
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Lets talk about thinking patterns

- The world revolves around me: Narcissist
 - Infant to possible 3-4yrs
 - Concrete Thinking
 - 4-5yrs to about 11yrs
 - Abstract Thinking
 - Pre puberty to adult
 - Adult Mind
 - Fully developed, able to utilize higher frontal lobe functions.
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Mental Health issues we encounter

- Bi Polar
 - ADHD
 - ADD
 - ODD
 - OCD
 - RAD
 - Depression
 - Anxiety
 - Fetal Alcohol
 - Drug addictions
 - Criminal Thinking patterns
 - Poor thought process
 - Autism and various types
 - Sexual Issues
 - Acting out
 - Perpetrators
 - Victims of: sexual assault
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Medical:

- Poor overall health
- Poor teeth (orthodontics)
- Poor hearing, sight
- Organ damage
- STD's



REMEMBER:

These kids are precious flowers...



Imagine a few pedals are missing due to damage of their prior circumstances Whatever they might have been.

With the right care, we start to fill in those missing pieces. This requires skill knowledge, patience, and a desire to heal. We teach, we assist, we work as a team and we rebuild in whatever capacity we can.

When we understand development both norms and abnormal; we see clearly those areas that are deficit and can start the rebuild process.
